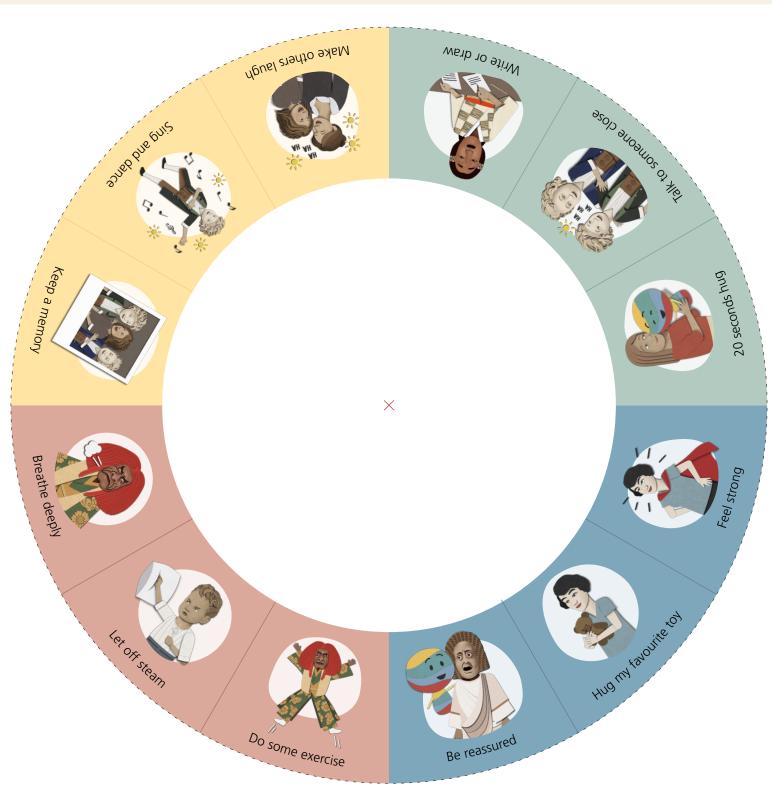
Make your Wheel of Emotions!

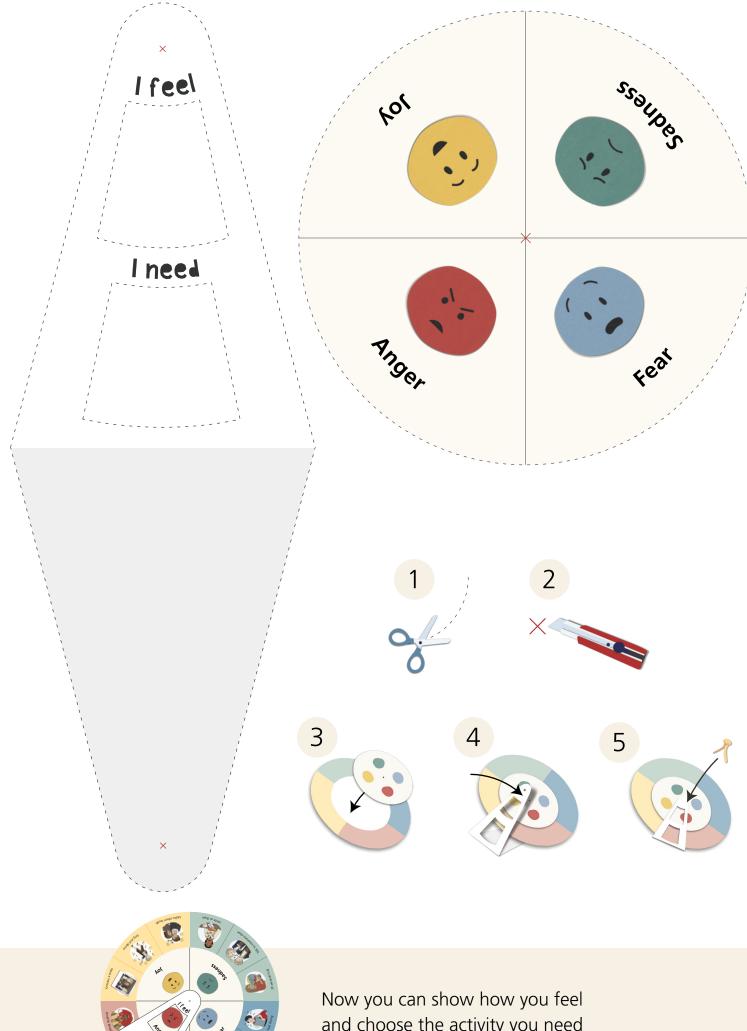












and choose the activity you need to fully experience your emotions!